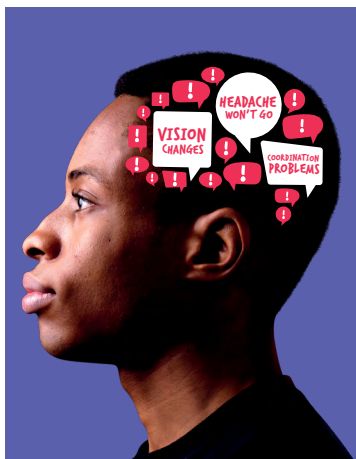


BETTER SAFE THAN TUMOUR.

This card is designed to help you know and spot the signs and symptoms of brain tumours

To check your symptoms and find out more, visit:
bettersafethantumour.com

THE
BRAIN
TUMOUR
CHARITY



BABIES

UNDER 5 YEARS

- Persistent/recurrent vomiting
- Balance, coordination and/or walking problems
- Abnormal eye movements or suspected loss of vision*
- Behaviour change, particularly lethargy
- Fits or seizures (not with a fever)[^]
- Abnormal head position such as a wry neck, head tilt or stiff neck*
- Increasing head circumference
- Reduced consciousness
- Extreme thirst and peeing a lot
- Delayed growth

CHILDREN

5-11 YEARS

- Persistent/recurrent headache*
- Balance, coordination and/or walking problems
- Persistent/recurrent vomiting
- Abnormal eye movements*
- Blurred or double vision/ loss of vision*
- Behaviour change
- Fits or seizures (not with a fever)[^]
- Abnormal head position such as a wry neck, head tilt or stiff neck*
- Reduced consciousness
- Extreme thirst and peeing a lot
- Delayed growth

TEENS

12-18 YEARS

- Persistent/recurrent vomiting
- Persistent/recurrent headache*
- Balance, coordination and/or walking problems
- Abnormal eye movements*
- Blurred or double vision/ loss of vision*
- Behaviour change
- Fits or seizures (not with a fever)[^]
- Abnormal head position such as a wry neck, head tilt or stiff neck*
- Reduced consciousness
- Extreme thirst and peeing a lot
- Delayed or arrested puberty

ADULTS

18 YEARS+

- Nausea/vomiting
- Persistent/recurrent headache*
- Balance problems
- Problems with vision*
- Fatigue
- Fits or seizures (not with a fever)[^]
- Memory problems
- Cognitive changes
- Speech difficulties
- Mobility problems
- Numbness/tingling
- Loss of taste or smell

1 symptom: see GP. 2+ symptoms: ask GP about an urgent referral.

* Starred symptoms: see GP and Optician. [^]Go straight to A&E.